

**MAKEOVERS**

*The 30-minute fix that will instantly transform your look: you'll never believe just how easy it is.*

**AGE-REVERSERS**

*New cutting-edge technologies of the future that promise the most dramatic results.*

# NEW BEAUTY<sup>®</sup>

THE BEAUTY AUTHORITY

*we reveal the truth behind the*

## BIG BEAUTY MYTH

*the ultimate youth boosters*

5 ANTI-AGERS THAT REALLY WORK

CHANGE YOUR SKIN FOR GOOD

20 MINUTES TO A

## BETTER BODY

*the most powerful way to*

LOSE FAT FAST!

THE TRUTH ABOUT CELLULITE

*how to erase it forever*

**JULIE BOWEN**  
EXCLUSIVE INTERVIEW

## SECRETS TO HER SEXY NEW LOOK!

*From "modern mom" to magnificent, this star shares the strange skin-care secret she swears by and why she hates HD.*